

APTA Louisiana 2023 Fall Meeting

August 25-27, 2023

Crowne Plaza Executive Center
Baton Rouge, Louisiana

Featured Speakers:

Saturday and Sunday Concurrent Sessions:



Diagnostic Imaging: The Why, The What and The How For Practitioners, Educators and Advocacy Efforts (11 hours)
Lecture Based Course
William Boissonnault
PT, DPT, DHS, FAAOMPT, FAPTA



Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective (11 hours)
Lab Based Course - LIMITED SEATS!
Jay Morange, PT, DPT, RMSK, MBA & Bert
Lindsey, PT, RMSK



Spinal Surgery
by Sassan Keshavarzi, MD (2 hours)
Research Presentations
by Daniel Flowers, PT, DPT, PhD, OCS (1 hour)
Strategies to Stay Current in Practice
by Monique Serpas, PT, DPT (1 hour)

Tentative Schedule of Events

Friday August 25, 2023 - 3 Clinical, 1 Administrative, 2 Jurisprudence CE Hours

9:00am—1:00pm	APTA Louisiana Board of Directors' Meeting	
10:00am—12:00pm	Jurisprudence hosted by Louisiana Physical Therapy Board	(2.0 CE Hours)
12:00pm—6:00pm	Registration Opens	
1:00pm—3:00pm	Spinal Surgery	(2.0 CE Hours)
3:00pm—4:00pm	Research Presentations	(1.0 CE Hour)
4:00pm—5:00pm	Strategies to Stay Current in Practice	(1.0 CE Hour)
1:00pm—5:00pm	Exhibit Setup	
5:00pm	Exhibits Open	
5:00pm—6:30pm	Welcome Reception with Exhibitors	
6:30pm—8:00pm	Committee Meetings	
8:00pm	PT Pub Night	

Saturday August 26, 2023 - 7.5 Clinical CE Hours

7:00am—5:30pm	Registration	
7:00am—8:00am	Exhibits Open - Continental Breakfast in Exhibit Hall	
8:00am—10:00am	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey	(2.0 CE Hours)
	Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault	(2.0 CE Hours)
10:00am—11:00am	Exhibit Break	
11:00am—12:30pm	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey	(1.5 CE Hours)
	Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault	(1.5 CE Hours)
12:30pm—2:00pm	APTA Louisiana Business Meeting with Lunch & Awards	
2:00pm—3:30pm	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey	(1.5 CE Hours)
	Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault	(1.5 CE Hours)
3:30pm—3:45pm	Break	
3:45pm—5:15pm	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey	(1.5 CE Hours)
	Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault	(1.5 CE Hours)
5:15pm—5:30pm	Break	
5:30pm—6:30pm	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey	(1.0 CE Hour)
	Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault	(1.0 CE Hour)
8:00pm	PT Night Out	

Sunday August 27, 2023 - 3.5 Clinical CE Hours

7:30am—8:00am	Continental Breakfast
8:00am—9:45am	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey (1.75 CE Hours) Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault (1.75 CE Hours)
9:45am—10:00am	Break
10:00am—11:45am	Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, Bert Lindsey (1.75 CE Hours) Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault (1.75 CE Hours)

Conference Information

Registration is available now! Please visit the APTA Louisiana website, www.aptala.org, and follow the links to the online registration system.

ACCOMODATIONS

Crowne Plaza Executive Center
4728 Constitution Avenue
Baton Rouge, LA 70808
(225) 925-2244 or (800) 678-4065

Rate: \$106.00 per night (Single or Double)

Registrants must make their own room reservations. Please identify yourself with "APTA Louisiana" to receive the group rate (group code for online booking is PTA). Please reserve your room early. The hotel guarantees the availability of our room block, at the above rates, only for reservations made on or before July 25, 2023. Please call to verify availability regardless of when arrangements are made.

ELIGIBILITY/TARGET AUDIENCE

Physical Therapists, Physical Therapist Assistants, PT Students, PTA Students, Athletic Trainers, and other licensed healthcare professionals.

CONTINUING EDUCATION HOURS (17 HOURS AVAILABLE TOTAL INCLUDING JURISPRUDENCE)

FRIDAY

Jurisprudence hosted by the Louisiana Physical Therapy Board (2 hours)
Spinal Surgery by Sassan Keshavarzi, MD (2 hours)
Research Presentations by Daniel Flowers, PT, DPT, PhD, OCS (1 hour)
Strategies to Stay Current in Practice by Monique Serpas, PT, DPT (1 hour)

SATURDAY AND SUNDAY

Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective - Jay Morange, PT, DPT, RMSK, MBA & Bert Lindsey, PT, RMSK (11 CE Hours)
Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts - William Boissonnault, PT, DPT, DHSc, FAAOMPT, FAPTA (11 hours)

Conference Information

REGISTRATION

Register early to receive the discounted early bird registration rate, July 25, 2023. Enclose all registration fees with your form. Cancellations may be made through August 14, 2023 without penalty. After August 14, a \$50.00 cancellation fee will apply up to 48 hours prior to the meeting, after which all fees are forfeit. Pre-Registration will close on August 18, 2023. On-Site Registration will be available.

Exhibit hall ONLY passes do not include drink tickets for the Welcome Reception. Drink tickets can be purchased at the registration desk. Although provisions will be made for unregistered members to attend the business meeting, lunch on Saturday will be served only to registrants and to non-registrants who purchase a luncheon ticket.

WELCOME RECEPTION

The Welcome Reception will be held on Friday, August 25, 2023 from 5:00 pm till 6:30 pm in the exhibit hall. Take this opportunity to catch up with colleagues and visit with our exhibitors! Two drink tickets are included with Friday registration, Full Conference registration or a guest ticket.

CONTINENTAL BREAKFASTS

Continental breakfast will be served on Saturday and Sunday morning. Saturday morning breakfast will be in the Exhibit Hall, and Sunday morning breakfast will be in the registration area.

RESEARCH PRESENTATIONS

Research presentations will be held on Friday from 3:00 pm—4:00 pm.

COMMITTEE MEETINGS

Committee Meetings are scheduled on Friday from 6:30 pm—8:00 pm.

BUSINESS MEETING AND LUNCHEON

The Business Meeting and Luncheon will be held on Saturday, August 26, 2023 from 12:30 pm—2:00 pm. The purpose of this meeting is to inform you of the accomplishments APTA Louisiana has made over the past year and the future direction of APTA Louisiana. Election results will also be announced. Awards will be presented for the Friend of Physical Therapy, APTA Louisiana Hall of Fame, Physical Therapist Assistant Distinguished Service Award, Dave Warner Distinguished Service Award.

We are pleased to announce that APTA Louisiana continues to Go Green! Accordingly, the Fall Meeting lecture notes will be emailed and available on the website ahead of time for you to download for reference and use. Note booklets are available for purchase during pre-registration and on-site for an additional cost of \$20.

DRESS/ATTIRE

During the Fall educational seminar and business meeting of APTA Louisiana, we will have several special guests in attendance. To help promote the Physical Therapy Community as a doctoring profession, and as independent practitioners, we are asking all attendees to dress similar to business casual attire for the weekend courses. Suggested attire would include: collared shirts, blouses, casual pants, or jeans in good repair with appropriate shoes or sandals. T-shirts, shorts, scrubs and flip flops are discouraged. **We encourage all attendees to join us in "Seersucker Saturday"!**
Dress in your best Seeksucker attire!



Call for Abstracts

APTA LA Fall Meeting Research Presentations Session

The APTA LA will host a Research Presentation section as part of the CEU session on the Friday evening of the upcoming Fall Meeting (August 25-27, 2023). The one-hour Research Presentations Session will consist of four platform presentations, and simultaneous poster presentations. All are encouraged to apply for participation including PTs, PTAs, PT students, and PTA students. Submissions will be reviewed and accepted by the Research Chair/Committee, with assistance from the APTA LA Board as necessary. Platform and poster presentations will be accepted based upon quality of the work, and the desire to provide a diverse selection of presentations. Completed research projects are preferred; however, case reports and proposed studies/theory designs are acceptable. Any submission that is not used in the presentation for CEU credits will be encouraged to be presented in poster format.

Abstract Submission Deadline: Friday, June 30, 2023 at 11:59PM

All abstracts must be submitted via e-mail to Daniel Flowers, APTA LA Research Chair:
daniel.flowers@lsuhs.edu.

Formatting Requirements for Abstracts:

A structured abstract of no more than 250 words, with references provided, is required. The word count does not include title, author names, or references. Citations may follow any professional guidelines, as long as they are consistent and correct. For formal research projects, the sections should include: Background, Methods, Results, and Discussion/Conclusions. For Case Reports or Proposed Study/Theory, the sections should include: Background, Design/Case/Theory, and Discussion.

The abstract should include a title, all authors, the abstract itself, and references. The authors should indicate whether they are submitting for a platform or poster presentation immediately after the abstract, and if applying for a platform presentation, whether they would be willing to provide a poster presentation if not accepted for a platform. Only four platform submissions will be accepted due to time constraints.

All completed projects/reports with human participants must include a statement indicating the project received Institutional Review Board approval or exemption.

Respectfully submitted,
Daniel W. Flowers, PT, DPT, PhD
APTA LA Research Chair
daniel.flowers@lsuhs.edu
318-813-2958

APTA LA 2023 FALL MEETING REGISTRATION FORM

Name: _____ Badge Nickname: _____

Spouse/Guest Badge (if applicable): _____

Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ Email: _____

Licensure: PT____ PTA____ PT Student____ PTA Student____ ATC____ Other _____

Membership: APTA/APTA Louisiana Member _____ Non-Member _____

Full Conference (Excluding Ethics):

	LECTURE	LAB
PT/PTA Member	\$420.00 _____	\$599.00 _____
PT/PTA Non-Member	\$560.00 _____	\$750.00 _____
APTA Life/Resident Member	\$280.00 _____	\$450.00 _____
Student Member	\$160.00 _____	\$450.00 _____
Non-Student Member	\$280.00 _____	\$575.00 _____

Friday/Saturday Only:

PT/PTA Member	\$315.00 _____
PT/PTA Non-Member	\$435.00 _____
APTA Life/Resident Member	\$225.00 _____
Student Member	\$125.00 _____
Non-Student Member	\$225.00 _____

Saturday/Sunday Only:

PT/PTA Member	\$330.00 _____
PT/PTA Non-Member	\$440.00 _____
APTA Life/Resident Member	\$220.00 _____
Student Member	\$115.00 _____
Non-Student Member	\$225.00 _____

Friday OR Sunday Only:

PT/PTA Member	\$125.00 _____
PT/PTA Non-Member	\$140.00 _____
APTA Life/Resident Member	\$75.00 _____
Student Member	\$45.00 _____
Non-Student Member	\$75.00 _____

Saturday Only:

PT/PTA Member	\$270.00 _____
PT/PTA Non-Member	\$340.00 _____
APTA Life/Resident Member	\$165.00 _____
Student Member	\$100.00 _____
Non-Student Member	\$165.00 _____

Conference Add Ons:

Spouse/Guest	\$45.00 _____
Business Luncheon	\$35.00 _____
Exhibit Only Pass - Member*	\$25.00 _____
Exhibit Only Pass - Non-Member*	\$25.00 _____
Lecture Notes	\$20.00 _____

Conference Total: _____

*Pass does not include drink tickets

*Onsite fees will increase by \$5 to \$40 depending on registration category. Exact change requested for onsite cash payments.

MAIL TO: APTA Louisiana
PO Box 80199, Baton Rouge, LA 70898
Phone: (225) 922-4614; Fax: (225) 408-4422;

Payment Method (Please Circle): Check Enclosed American Express Discover Master Card Visa

Card Number: _____ Exp Date: _____

CVV: _____ Cardholders Name: _____

For questions or to register by phone, please call (225) 922-4614. For the security of your data, please do not email credit card information. FAX your registration to (225) 408-4422. Registration is also available online at www.aptala.org.



Check here if you have a disability and may require an accommodation. You will be contacted to discuss your needs.

Introduction to Musculoskeletal Ultrasound (MSKUS): Benefits from a Physical Therapist's Perspective

Saturday-Sunday, August 26-27, 2023

COURSE DESCRIPTION:

MSKUS is becoming a very formidable diagnostic modality worldwide. Financial implications of advanced modality options such as CT and MRI, combined with the increased costs of healthcare generically, are pushing the focus toward more Point of Care Ultrasound (POCUS) options.

The ACPA, APTA and ARDMS are eager to accept physical therapists to obtain Registry in Musculoskeletal Ultrasound (RMSK). St Tammany Health System has embraced this challenge in a big way, having four PTs achieve this national certification with another twelve working toward this endeavor.

The goal of this course is to provide interested therapists with a hands-on/lab-based introduction of this diagnostic modality, learning anatomy in a new way that ties it to pathology in real time, statically and dynamically. During this course the team will also strive to give participants real-world scenarios to explain the benefits of this modality for Physical Therapists in Acute, Emergency Room and Outpatient settings, showing benefits for our patients as well as how it can strengthen the position of the clinician.

Objectives:

At the conclusion of this course, the participant will be able to:

1. Identify areas in my practice setting where Musculoskeletal Ultrasound (MSKUS) provides benefit to the patient population
2. Demonstrate understanding of basic ultrasound physics
3. Demonstrate understanding of normal Shoulder / Knee Sono-anatomy
4. Demonstrate areas of benefit in utilizing MSKUS in diagnosing shoulder and knee pathology

COURSE INSTRUCTORS:

Jay Morange, PT, DPT, RMSK, MBA is the Director Outpatient Operations at St. Tammany Health System (STHS). He has been in the field for almost nine years graduating from LSUHSC-New Orleans in 2014 with a Doctorate of Physical Therapy. Jay has been heavily involved in STPH's Non-Pharmacological Opioid Alternatives program along with a collaboration of a multi-disciplinary effort to address the Opioid Epidemic, going on to present at the local, state, and national levels. Continuing the journey through innovation, he completed his registry in musculoskeletal ultrasound (RMSK) in November 2021. This PT has aspirations to continue leadership in healthcare with a focus on research and education to increase quality, innovation, and safety in the healthcare field.

Bert Lindsey PT, RMSK, Director Rehab Services and Pt Mobility STPH, is considered a SME on Non-Pharmacological Pain Alternatives, speaking in administrative conferences nationally and publishing a Squire Report for CMS in 2019. Together with Jay Morange, their work on Dry Needling in Acute led to interest in MSKUS as a way to reduce opioid exposure by way of accelerating diagnosis of injury.

Diagnostic Imaging: The Why, The What and The How for Practitioners, Educators and Advocacy Efforts

Saturday-Sunday, August 26-27, 2023

COURSE DESCRIPTION:

What should physical therapists know about diagnostic imaging to deliver appropriate patient management, including maximizing patient outcomes? This question is relevant to clinicians, educators and those advocating on behalf of our profession. This course will provide physical therapists with a thorough understanding of diagnostic imaging principles and strategies that can be immediately integrated into one's clinical practice and will provide academic and clinical educators with an understanding of methods to integrate important imaging content into student/resident/fellow educational experiences. Last, this course will provide strategies for those advocating for the physical therapists' ability to order imaging in legislative and health systems arenas.

The major thrust of the course will be on musculoskeletal imaging and the content will be delivered via interactive educational experiences, mixed with lectures and patient case examples. The overall goal is to prepare our clinicians

for the appropriate utilization of diagnostic imaging and as such existing clinical guidelines will be emphasized and the American College of Radiology (ACR) Appropriateness Criteria resource will be explored.

Objectives:

At the conclusion of this course, the participant will be able to:

1. Describe strengths and limitations of plain film radiography, CT and MRI
2. Identify normal skeletal anatomy on plain films for the spine and selected extremity regions
3. Describe and implement the imaging guidelines for patients post-trauma and with those with potential serious medical conditions, and the ACR guidelines for patients with low back, neck, hip, knee, and shoulder pain.
4. Evaluate plain film findings associated with fractures in order to establish an appropriate patient prognosis
5. Describe the elements of an appropriate referral to a radiologist
6. Describe methods to integrate diagnostic imaging content within the academic and clinical education curricula
7. Describe strategies to effectively advocate for physical therapists referring patients directly for imaging

COURSE INSTRUCTOR:

Bill Boissonnault, is professor-emeritus at the University of Wisconsin-Madison and holds multiple adjunct physical therapy faculty positions. Previous positions include Executive VP of Professional Affairs, APTA. He received his PT degree from the University of WI-Madison, his MS and DHSc degree from the University of St. Augustine, and his t-DPT degree from Massachusetts General Hospital Institute of Health Professions. Dr. Boissonnault has presented nationally and internationally on topics related to diagnostic imaging, medical screening, and direct access. He has taught diagnostic imaging content in entry-level DPT and orthopedic residency programs, and chaired the APTA Wisconsin X-ray task force that led to passage of bills allowing physical therapists to order plain films. He is editor of the textbook- Primary Care for the Physical Therapist; Examination and Triage, and he has multiple journal publications related to differential diagnosis, diagnostic imaging, manual therapy, and patient direct access. Dr. Boissonnault served as president of the Orthopaedic Section, APTA, and the Foundation for Physical Therapy Research. He received the APTA's Baethke-Carlin Award for Excellence in Academic Teaching, and Lucy Blair Service Award, the Education Section's Distinguished Educator Award, and the UW-Madison Medical School Dean's Teaching Award for Excellence and Innovation in Medical Education. He was named a Catherine Worthingham Fellow of the APTA, and Fellow of the American Academy of Orthopaedic Manual Physical Therapists.

References:

1. Academy of Orthopaedic Physical Therapy. Imaging Educational Manual for Doctoral of Physical Therapy Professional Degree Programs. 2015. Available on Academy's web-site. Diagnostic and Procedural Imaging in Physical Therapy Practice. 2016. Available on Academy's web-site
2. Boissonnault WG, White, DM, Carney S, Malin B, Smith W. Diagnostic and procedural imaging curricula in physical therapist professional degree programs. *J Orthop Sports Phys Ther.* 2014;44(8):579-586.
3. Burley T, Thein-Brody L, Boissonnault W, Ross M. Development of a musculoskeletal competency examination for physical therapists. *Phys Ther.* 2020;100(12):2254-2265.
4. Keil A, Baranyi B, Metta S, et al. Ordering diagnostic imaging by physical therapists. A 5-year retrospective practice analysis. *Phys Ther.* 2019;99(8):1020-1026.
5. Keil A, et al. Hazle CR, Mauer A, et al. Referral for imaging in physical therapist practice: Key recommendations for successful implementation. *Phys Ther.* 2021;101(3):
6. Mabry L et al. Physical therapists are routinely performing the requisite skills to directly refer for musculoskeletal imaging. An observational study. *J Manual and Manipulative Therapy.* 2022;30(50):261-272.

MSKUS Course Schedule:

Saturday August 26:

8:00 – 10:00

- Introduction – Our Musculoskeletal Ultrasound (MSKUS) Journey from the Emergency Room to OP
- US Basics Lab – the bare essentials
- Physics – a primer to the foreign language of ultrasound for PTs

10:00 – 11:00 – Exhibit Break

11:00 – 12:30

- Shoulder Overview
 - o Anatomy
 - o Sono-Anatomy
- Live Shoulder Demo

12:30-2:00 – Business Luncheon

2:00 – 3:30

- Shoulder Lab
- Shoulder Pathology
 - o Common Pathology under MSKUS
 - o Case Studies

3:30 – 3:45 – Break

3:45 – 5:15

- Shoulder Lab
- Shoulder Pathology
 - o Common Pathology under MSKUS
 - o Case Studies

Sunday August 27:

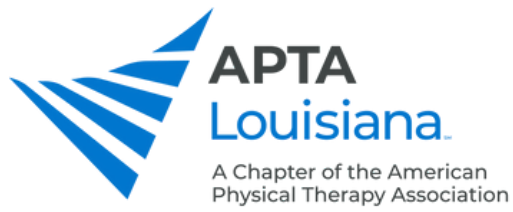
8:00 – 9:45

- Review of Physics Principles
- Knee Overview
- Live Knee Demo

9:45 – 10:00 Break

10:00 – 11:45

- Knee Lab
- Knee Pathology
 - o Common Pathology under MSKUS
 - o Case Studies
- Starting your Journey into MSKUS



8550 United Plaza Boulevard, Ste. 1001
Baton Rouge, LA 70809